

At-Risk Afterschool Meals Program

Child and Adult Care Food Program

The At-Risk Afterschool Meals Program is a USDA food program that provides cash reimbursement to eligible institutions for the nutritious snacks and meals that they serve to the children participating in their program.

Who is Eligible to participate in this program?

- School-age children up through age 18 (or 19 if the child turns 19 during the school year)
- Mentally or Physically Disabled Individuals Regardless of Age

What types of Programs are eligible to operate this program?

- Public;
- Private nonprofit; Nonprofit organizations, with the exception of churches, must have Federal tax-exempt 501 C (3) status. Churches must provide information that they are recognized as a non-profit organization by the state of South Carolina.
- Or for-profit (for-profit centers must participate in regular CACFP).

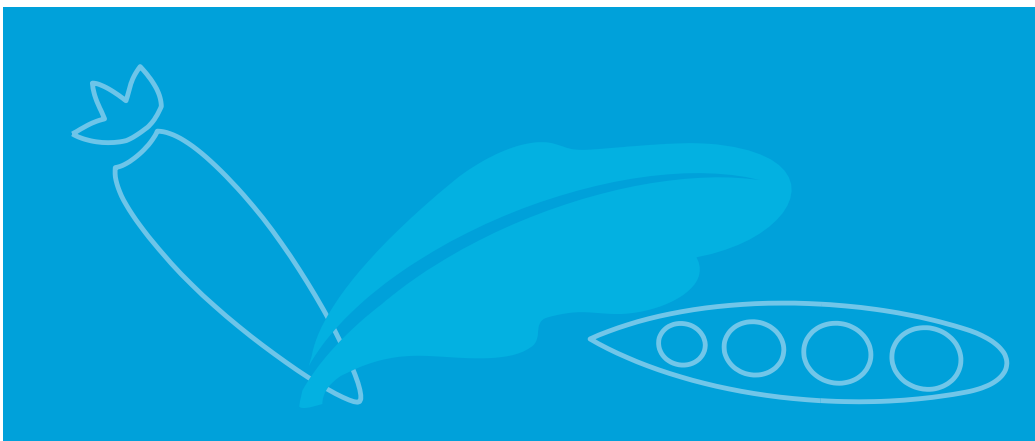


What meals can we serve and how much reimbursement can we receive for each meal service?

- Snacks at \$0.84 and Meals (Suppers) at \$3.3075
- Snacks are reimbursed per child, per meal, per day.

Interested in registering for the next Orientation and Training Class?

Classes for the At-Risk Afterschool Meals Program are held monthly. Contact the CACFP staff at (888) 834-8096, (803) 898-0959, or via email at cacfp@dss.sc.gov to register for the next class.

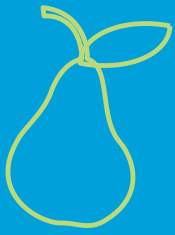


CACFP



Child and Adult Care Food Program
South Carolina Department of Social Services

USDA is an equal opportunity provider and employer



Outside School Hours Program

Child and Adult Care Food Program

The Outside School Hours Program (OSHP) is a USDA food program that provides cash reimbursement to eligible institutions for the nutritious meals that they serve to the children participating in their program.

Who is Eligible to participate in this program?

- Children 12 years of age and under.
- Children 15 years of age and under for children of migrant workers; 18 years of age and under for developmentally disabled children.
- Mentally or Physically Disabled Individuals Regardless of Age

What types of Programs are eligible to operate this program?

- Public;
- Private nonprofit; Nonprofit organizations, with the exception of churches, must have Federal tax-exempt 501 C (3) status. Churches must provide information that they are recognized as a non-profit organization by the state of South Carolina.
- Or for-profit centers



What meals can we serve and how much reimbursement can we receive for each meal service?

- Breakfast at \$1.66
- Lunch at \$3.3075
- Snacks at \$0.84
- and Suppers at \$3.3075

*All meals are reimbursed at the free rate, per day, per meal, per day

Interested in registering for the next Orientation and Training Class?

Classes for the Outside School Hours Program (OSHP) are held monthly. Contact the CACFP staff at (888) 834-8096, (803) 898-0959, or via email at cacfp@dss.sc.gov to register for the next class.



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FOOD CHART Child Care Program

Child and Adult Care Food Program for required serving amounts for infants up to 1 year, refer to the infant meal pattern.		<u>AGE</u> 1 and 2	<u>AGE</u> 3 thru 5	<u>AGE</u> 6 thru 12
BREAKFAST	Fluid Milk	½ cup	¾ cup	1 cup
	Juice or Fruit or Vegetable	¼ cup	½ cup	½ cup
	Bread or Bread Alternate	½ slice *	½ slice*	1 slice*
SNACK (Supplement) Select 2 out of 4 Components	Fluid Milk	½ cup	½ cup	1 cup
	Juice or Fruit or Vegetable	½ cup	½ cup	¾ cup
	Meat or Meat Alternate	½ oz**	½ oz**	1 oz**
	Bread or Bread Alternate	½ slice*	½ slice*	1 slice*
LUNCH/ SUPPER Points to Remember: <ul style="list-style-type: none"> • Keep menu records • Use full-strength juice • Count meals served to enrolled children and to program adults • Each child must be served the required amount of each food group at all meals 	Fluid Milk	½ cup	¾ cup	1 cup
	Meat or Poultry or Fish or Cheese or	1 oz	1 ½ oz	2 ozs
	Egg or	½	¾	1
	Cooked Dry Beans and Peas or Peanut Butter or Other Nut or Seed Butters or	¼ cup	3/8 cup	½ cup
	Nuts and/or Seeds or	2 tablespoons	3 tablespoons	4 tablespoons
	Yogurt	½ oz***	¾ oz***	1 oz***
	Juice, Fruit and/or Vegetable (2 or more)	4 ozs	6 ozs	8 ozs
		¼ cup total	½ cup total	¾ cup total
	Bread or Bread alternate	½ slice*	½ slice*	1 slice*
		½ cup	¾ cup	1 cup

* Or the equivalent serving of an acceptable bread alternate such as cornbread, biscuits, rolls, muffins made of whole grain or enriched meal or flour, or a serving of whole grain or enriched cereal or a serving of cooked enriched or whole grain rice or macaroni or other pasta product.

** Yogurt may be used as a meat/meat alternate. You may serve 4 ounces (weight) or ½ cup (volume) of plain or sweetened and flavored yogurt to fulfill the equivalent of 1 ounce of the meat/meat alternate component. For younger children 2 ounces (weight) or ¼ cup (volume) may fulfill the equivalent of ½ ounce of the meat/meat alternate requirement.

*** No more than 1 ounce of nuts and/or seeds may be served in one meal.

CAUTION: Children under the age of 5 are at the highest risk of choking. USDA recommends that nuts and/or seeds be served grounded or finely chopped in a prepared food.

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